

White Roses of the Consciousness Soul: What have We Learned from the Last Three Years?

It is a fundamental insight of anthroposophy that spiritual beings interpose themselves between us when we meet. In every human encounter we can sense an energy that is the signature of particular beings who are attracted to what we put forth towards our fellow humans.

Over the past few years, there has been a palpable rise in the presence of adversarial forces embedding themselves in our encounters. Will we seek to understand and learn, gradually, to invite more benevolent forces to dwell among us?

The corona/COVID time has been intense, with repeated challenges and questions about risk, fear, freedom, separation, community, illness, courage, loss and insight. It's a time that pushed us to explore and find our individual truths and priorities. Many then experienced that searching so deeply, with such intensity, that it became disorienting when we would meet each other and realize "Why do others not understand what I am seeing and experiencing so clearly?" The last years have certainly accelerated developmental steps towards individualization. That shift makes us stronger, more aware, more independent, but also less unified, perhaps less trusting, withcracks in our community life.

As we look beyond these three years, several core questions come forward:

Can my truth be honored? Can it be heard?

As well as an important companion question:

Can I create a spiritual listening space to hear and also honor other people's uniquely individual experiences, even if they are completely different from my own?

We would like to take a step towards creating that space, to hear and learn from each other. It is not easy or automatic that that space can or will be formed. But it is a part of a healing process, and part of our collective development of the consciousness soul.

What has been your path and what spiritual impulse or fruit comes forward? How will our learning help us relate to the world again, but now with more love, more appreciation, more courage, more patience, more generosity?

"What is the difference between Sentient Soul, Intellectual or Mind-Soul, and Consciousness- Soul? The Sentient Soul operates when we are merely gazing at the things of the external world. If we withdraw our attention for a time from the

impressions of this outer world and work over them inwardly, then we are given over to the Mind-Soul. But if we now take what has been worked over in thought, turn again to the outer world and relate ourselves to it by passing over to deeds, then we are given over to the Consciousness-Soul. For example: As long as I am simply looking at these flowers in front of me and my feelings are moved by the pure whiteness of the rose, I am given up to my Sentient Soul. If, however, I avert my gaze and no longer see the flowers but only think about them, then I am given over to my Intellectual or Mind-Soul. I am working in thought upon the impressions I have received. If now I say to myself that because the flowers have given me pleasure I will gladden someone else by presenting them to him and then pick them up in order to hand them over, I am performing a deed; I am passing out of the realm of the Mind-Soul into that of the Consciousness-Soul and relating myself again to the outer world. Here is a third force which operates in the human being and enables him not only to work over in thought the impressions of the outer world, but to relate himself to that world again." 1

Since we all have these different aspects of soul as part of our experience, how do we peel them apart in terms of what we observed in the last three years, both in us and in our surroundings? How objectively did we deal with all the objects that occupied our consciousness recently, such as masks, vaccines, hand sanitizers, etc.? How do we wrestle with the ideas of authority, individuality, collective obligation, and so on, in terms of these aspects? What are the differences between "my truth", just truth, the whole truth, etc? What are the possibilities for active participation in the sense of the consciousness soul?

Through the anthroposophical movement what can we bring the wider world to help in this consciousness soul age development? What will the consciousness soul development look like in the individual now and into the future and what will the challenges be? How does it appear between us and in community with those working within anthroposophy, what helps and hinders it? What threatens its healthy development and therefore the health of the anthroposophical society? How does anthroposophy offer insights and preparation for what is yet to come and insights for the challenges of this step of our collective development?

Many questions, dear friends! Please join with us where we listen and share and open up to what is weaving between us towards future understanding and strengthening the fabric of our community through conversation. As what is said in the Green Snake and the Beautiful Lily – Conversation is even beyond gold!

1 Rudolf Steiner, lecture of March 22, 1910, in Macrocosm and Microcosm.